

Evaluation of Strategic School Development Plan for 2019/2020

Physical Development.

(Paul Thompson, July 2020)

- **Key indicator 1:** The engagement of all pupils in regular physical activity – Chief Medical Officer guidelines recommend that primary school children undertake at least 30 minutes of physical activity a day in school

The continuation of the Daily 10 has helped us towards offering an additional 30 minutes of physical activity during the school day. Teachers have commented that pupils are able to run with much greater stamina whilst also demonstrating increased concentration during the afternoon. Lunch and break times continue to include high levels of physical activity due to the role of 'Superleaders' who initiate and monitor games on the playground. This year's group of year 5 pupils were particularly motivated and also facilitated activities related to the South Leicestershire virtual competitions whereby pupils from years 1-4 were able to compete against other local schools in a variety of sporting events from our own playground. The competition was curtailed due to the outbreak of coronavirus, yet one of our year 1/2 teams was placed in second position. We will continue to incorporate a daily mindfulness session into the school day in addition to a focus on more active learning. Pupils in KS1 continue to partake in the activ8 programme. Finally, the Big Moves programme has once again identified children within FS and KS1 who need to develop their core strength together with cross lateral and gross motor skills. A coach has been provided through the South Leicestershire School Sports Partnership, who has also trained a member of our staff to deliver these sessions.

Big Moves supports staff - £1187

- **Key indicator 2:** The profile of PE and sport being raised across the school as a tool for whole school improvement

Once again, we are proud of the range of activities on offer here at Gilmorton Primary, which was duly noted in our recent Ofsted report. KS1 have multiskills, football, yoga and archery clubs whilst KS2 yoga, street dance and cheerleading clubs have successfully engaged children who do not relish more traditional sports. Moreover, established clubs such as KS2 netball, hotshots and football have continued to flourish and well attended such that many children are now receiving three hours of high quality PE within the school. However, other planned activities such as cricket, fencing, tri-golf, zumba and KS2 archery were unable to take place due to the coronavirus outbreak.

Continued links with Lutterworth High School and College have signposted many opportunities for children outside of school and once again data suggests that most children regularly take part in at least one out of school sporting club, with a majority engaged in several. Pleasingly, the continuation of the ENERGISE and inclusive clubs have had a positive impact upon the number of non-sporty children engaged in physical activity – these clubs are designed to introduce pupils to a variety of less traditional sports as well as promoting a healthier lifestyle.

- **Key indicator 3:** Increased confidence, knowledge and skills of all staff in teaching PE and sport

During the autumn term, I undertook pupil interviews and informal walkthroughs, which indicated that PE was being taught confidently and with a high level of expertise. The new REAL PE scheme of work is being confidently taught and resources have been acquired to allow this to happen. Pupils remain highly motivated and engaged while the progression of skills was evident throughout. Pleasingly, pupils were able to evaluate and improve their performance through the use of iPads to record and playback; many teachers are using ICT to exemplify good examples. Assessment tools are used to identify high attaining pupils and those who may require more support, with lessons being differentiated accordingly. Pupils are encouraged to experience, explore and learn for themselves, considering ways to reflect upon and refine their skills. Staff members are increasingly confident in delivering core elements of PE such that transitions are effectively managed, equipment is used more effectively

and a greater proportion of the lesson is utilised for physical activity. CPD opportunities will once again be available to staff seeking to enhance their skill set, including a REAL PE refresher day.

As always, pupil interviews undertaken at the start of the academic year revealed that PE continues to be one of their favourite subjects. Children enjoy the artistic elements that dance and gym allows, thinking about their performances and expressing themselves. The children also discussed many skills they have acquired during lessons, ranging from posture and balance, coordination and flexibility through to fair play and cooperation. Some children also highlighted how sport provides them with greater self-confidence and the skills to persevere and work collaboratively. PE receives core task assessments for each strand of PE from most of the teaching staff indicating that allowing children to evaluate their performance has enhanced their end product. 20 members of Year 5 will once again carry out 'Superleader' training during the autumn term, equipping them to carry out many lunchtime activities with younger children at the school. Moreover, four children from year 6 have been selected to represent the school as Sports Ambassadors; they subsequently produced a collective worship to highlight the benefits of sport and being physically active as well as organising and running a house rounders competition – they continue to be superb role models. Two year 6 children also attended gifted and talented sessions at Lutterworth High School, with the staff there highly impressed by the sporting excellence on show.

[Resources to support REAL PE, playground equipment, equipment for Big Moves/active lessons - £2130.80](#)

- **Key indicator 4:** Broader experience of a range of sports and activities offered to all pupils

In order to ensure that the majority of pupils have access to an after school sports club that appeals to them, multisports and dance clubs have been continued, and a yoga club has continued to be well attended in both KS1 and KS2. This club is rolled out in six week blocks, allowing many more pupils the opportunity to participate in this activity. I'm pleased with the positive impact of the yoga club; we continue to have links with providers so that children can attend outside of the school setting. The club will be running on a twice weekly basis next year; hopefully many more children can enjoy the benefits. Other planned activities such as Years 3 and 4's visit to Leicester Outdoor Pursuits Centre had to be cancelled; however, year 5 have visited Loughborough University to inspire a love of sport and learning. Year 3's visit to Leicestershire CCC in order to participate in educational cricket based activities also had to be cancelled.

Finally, new cheerleading and street dance sessions have been established in order to engage children previously not participating in the out of school hours sport. Early signs are very positive, and the children I have spoken to thoroughly enjoy the club. Energise and inclusive clubs have continued to be provided as part of the South Leicestershire School Sports buy-in. These clubs are specifically aimed at a group of children with special needs or non-engagement. The clubs mentioned above are in addition to traditional clubs such as football, netball and basketball.

[Loughborough University visit - £450.00](#)

[Yoga - £1422.00](#)

[Street Dance - £210.00](#)

[Cheerleading - £105.00](#)

[Breathing, relaxation workshop - £130.00](#)

[Life education \(healthier lifestyles\) - £724.50](#)

- **Key indicator 5:** Increased participation in competitive sport

The school remains affiliated with several school sports associations and are members of South Leicestershire School Sports Partnership. The football club has had a successful season on the pitch, only losing once; however, we were unable to defend our title due to parent's evening. Moreover, the girls' football team competed passionately at the local area event. Furthermore, several children have performed well at a variety of cross-country events, an impressive number of children took part with five reaching county level. Basketball, dodgeball and hockey events also proved highly successful, including a second place finish in year 3/4 dodgeball and winning the year 3/4 Quicksticks event. However, many events such as netball, tennis, cricket, rounders, golf and athletics were cancelled.

South Leicestershire School Sports Partnership - £2700.00

Transportation to events - £1040.00

Admin and cover for events - £2280.00

Cross-country affiliation - £42.00